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METROPOLITAN ARCHBISHOP OF TORONTO

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[cathedral@stmichaelscathedral.com](mailto:cathedral@stmichaelscathedral.com)



## CATHEDRAL SCHEDULE:

### Sunday Masses:

5:00 PM (Saturday Vigil)  
8:00 AM, 10:00 AM,  
12:00 Noon, 5:00 PM & 9:00 PM

### Weekday Masses:

Monday to Friday: 7:30 AM,  
12:10 PM, 1:10 PM & 5:30 PM  
Saturday: 7:30 AM & 12:10 PM

### Confessions:

Monday to Friday: 11:30 AM, 4:45 PM  
Saturday: 3:00 PM  
Sunday: 9:15 AM, 11:15 AM,  
4:15 PM, 8:15 PM

### Rosary:

Monday to Saturday: 11:45 AM

### Exposition of the Blessed Sacrament:

Monday to Friday:  
Following the 1:10 PM Mass

### Cathedral Hours:

Monday to Saturday: 7:00 AM – 6:30 PM  
Sunday: 7:30 AM – 10:00 PM

### Office Hours:

Monday to Friday: 9:00 AM – 5:00 PM  
Saturday: 1:00 PM - 4:00 PM  
Sunday: 9:00 AM - 11:30 AM

### Mass or Memorial Lamp Intentions:

Offerings can be made at the Parish Office during office hours.

## PARISH TEAM:

### Rector:

Rev. Edwin Gonsalves

### Associates:

Rev. Kevin Adriano  
Rev. Francis Lai, CSJB

### Lay Pastoral Associate:

Chelsea Torregosa  
Aimee Sy

### Operations Manager:

Caroline Fernandez

### Cathedral Organist:

Philip Fillion

### Toronto Met Catholics Ministry:

**Chaplain:** Rev. Edwin Gonsalves  
**Director:** Erica Figueiredo  
[www.torontometcatholics.ca](http://www.torontometcatholics.ca)

## PARISH SCHOOLS:

### St. Michael's Choir School:

66 Bond Street | 416-393-5518  
**Principal:** Martin Clough  
**Exec. Director:** Geoffrey Rawlinson  
[www.smcs.on.ca](http://www.smcs.on.ca)

### St. Michael Catholic Elementary:

50 George Street | 416-393-5387  
**Principal:** Juliana Sousa Nicolau  
[www.tcdsb.org/schools/stmichael](http://www.tcdsb.org/schools/stmichael)

## BAPTISMS, WEDDINGS & FUNERALS:

Please call the Parish Office or visit our website for details.  
Weddings must be booked a minimum of one year in advance.



**HOME OF THE RENOWNED ST. MICHAEL'S CHOIR SCHOOL**

**PRAYER TO ST. MICHAEL:** St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

# FIRST SUNDAY OF LENT

## Mass Intentions

### Monday, February 23

7:30 a.m. Niño Gonzaga Flores (D)  
 12:10 p.m. Diego Pirrotta (D)  
 Maria Orlinda De Sousa (D)  
 Isabel Maria Orliveria De Sousa (D)  
 Adelaide Assunção Soares (D)  
 Francisco Manuel Rodrigues (D)  
 5:30 p.m. Margarita Belino (D)

### Tuesday, February 24

7:30 a.m. Mitchille Harron (D)  
 12:10 p.m. Josefa Oblepias (D)  
 Cesar Sarile (D)  
 Ethelinda Esperon (D)  
 Bardetska Oryna (I)  
 Bonus Family (I)  
 5:30 p.m. Zenaida Pamintuan Santos (D)

### Wednesday, February 25

7:30 a.m. Jose Magalong Pangilinan (D)  
 12:10 p.m. Ronald & Catherine McIntyre (D)  
 Larry Durante (D)  
 Caleb Dylan Taylo (I)  
 Bardetska Oryna (I)  
 For the repose of the souls of those laid  
 to rest in our Catholic Cemeteries  
 5:30 p.m. Melinda Obrero (I)

### Thursday, February 26

7:30 a.m. Achille do Santos (I)  
 12:10 p.m. Jimbo Perez (D)  
 Anton Sirk (D)  
 Mary Sirk (I)  
 Fillipo Lopresti Constantino (I)  
 Bardetska Oryna (I)  
 5:30 p.m. Lumina Dominguez (D)

### Friday, February 27

7:30 a.m. Maria Gloria Zuniga (D)  
 12:10 p.m. Boze Marasovic (D)  
 Chris Fernandes (D)  
 David Jacob Mototolea (I)  
 Bardetska Oryna (I)  
 Protection of the Unborn (I)  
 5:30 p.m. Dhanesari Singh (D)

### Saturday, February 28

7:30 a.m. Sofio Orozco Barajas (D)  
 12:10 p.m. Jaime Rosales Alarcon (D)  
 Bette Colpitts (D)  
 Pavel & Ana Kokelj (D)  
 Vinko & Franca Lukancic (D)  
 Boy Furto (I)

## Memorial Lamp Transepts – February

### Sacred Heart

Msgr. Eduardo Resendes (D)

Rev. Jan Sadowski (D)

John & Madeline Stigge (I)

### Immaculate Heart

Fernandez Family (D)

Lidya, Andi & Family (I)

Nicole & Danny Robichaud (I)

## Gospel

Matthew 4.1-11

Jesus fasted forty days, and was put to the test.



## Excerpt from Cardinal Leo's Lenten Message

*"Each year, while Ash Wednesday emphasizes repentance, prayer, fasting, and almsgiving, on the First Sunday of Lent especially, we are invited to pursue our journey of faith into the desert with Christ. However, it is not a solitary journey, nor are the three Lenten practices purely a "private affair". Sacred Scripture and Sacred Tradition teaches us that God never saves individuals in isolation, rather, he gathers a people to himself (cf. Lumen Gentium, 9). Recently, the universal Church has reflected on the meaning of synodality and emphasized the ecclesial and social togetherness of our journey together to God, thus recalling the importance of the community in the salvific plan of God (cf. CCC 781). With this in mind, I would ask us to consider how Lent is not only about our personal conversion but also the healing and renewal of our relationship with God and one another. We would do well to ask ourselves: how do we live Lent together?"*

Cardinal Leo's full Lenten Message is available on our website.

## Lenten Reflection with Sacred Art

All are invited to attend an **online Lenten reflection** using works of sacred art and the Via Matris. Mr. Les Miller, author of Northern Lights, will lead the reflection. The event takes place on **Wednesday, February 25<sup>th</sup> from 7:00 p.m. to 8:30 p.m.**

**There is no cost, but registration is required, visit <https://bit.ly/LRSA-RegisterFeb2026>**

# FEBRUARY 22, 2026

## What is Lent?

Lent is a time of **prayer** and **penance**, when Christ wants to lead us back to our baptismal promises of **dying to sin** and of **living for God**.

### What Should We Do During Lent?

**Turn away from our sins and turn back to God.** Detach from habits and tendencies that are contrary to God's will. Lent is a time of conversion.

**Open our hearts to our Father**, so that we may live with Christ for God. Jesus is calling us to be people of praise and prayer, and living signs of his love for all.

*"This time of fasting opens the gates of heaven to us. Let us welcome it and pray that when Easter comes we may share the joy of the risen Lord"*

Lenten Responsory.

*Text from Canadian Conference of Catholic Bishops' "Living Lent"*

## Stations of The Cross

**Every Friday evening during Lent**, Stations of the Cross will be held in the Cathedral immediately following the 5:30 p.m. Mass (approximately at 6:00 PM). Please join us as we prayerfully meditate on Christ's suffering and sacrifice.

## Lenten Resources

As we enter this season of Lent, various spiritual resources are available online to support your prayer, reflection, and preparation for Easter. You are invited to visit these Catholic resources to enrich your Lenten journey.

- The Canadian Conference of Catholic Bishops presents **Journey through Lent**, a video series with the Most Rev. Daniel Michm, Bishop of Peterborough. <https://bit.ly/4aWdsj6>
- **Lenten Retreat 2026** Daily TV Mass <https://dailytvmass.com/>
- Archdiocese of Toronto **Activities for the Home** <https://bit.ly/4tGE6Up>

## Do You Have a Will?



Join us in the Atrium on **Tuesday March 3<sup>rd</sup>, 1:00 p.m. to 3:00 p.m.** for a presentation by leading Toronto lawyer, **Philip Horgan**, on the importance of wills and end-of-life arrangements. Mr. Horgan will discuss the ins and outs of making a will and what happens to your estate if you die without one. He will take questions at the end of his talk. **Please register by February 25<sup>th</sup>** by scanning the QR code, contacting the parish office or sending an email to [5oplus@stmichaelscathedral.com](mailto:5oplus@stmichaelscathedral.com).

## Music of the Mass

Mass	Cantor	Organist
Sunday	8:00 a.m.	Felipe Morgado
	5:00 p.m.	Joey Jang
	9:00 p.m.	Felipe Morgado

Music of the Mass		
<b>Entrance</b>	69	Lord, Who throughout these forty days
<b>Kyrie</b>	499	from Missa Jubilate Deo
<b>Psalm</b>	647	Have mercy, O Lord, for we have sinned.
<b>Gospel Acclamation</b>	812	Praise to you, Lord, king of eternal glory!
<b>Offertory</b>	67	Eternal Lord of love
<b>Sanctus</b>	501	from Missa Jubilate Deo
<b>Memorial Acclamation</b>	502	from Missa Jubilate Deo
<b>Amen</b>	503	from Missa Jubilate Deo
<b>Agnus Dei</b>	504	from Missa Jubilate Deo
<b>Communion Hymn</b>	299ii	The King of love my shepherd is
<b>Closing Hymn</b>	72	The glory of these forty days

At the Saturday 5:00 p.m. and 12 Noon Masses with the choirs of St. Michael's Choir School, please refer to the Order of Mass bulletin insert.

In Lent, the Roman Missal allows the organ to be played only to support the singing, except on the Fourth Sunday of Lent (Laetare), solemnities, and feasts. The liturgies of Lent thus take on a different character without instrumental embellishment, calling Christians to prayer, not via music, but through silence.



The weekly bulletin is also available on our website or by scanning this QR code.

Scan for this week's bulletin

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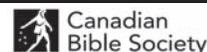
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